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PSHE and RSE at Barton Hill Academy – Year 1 and 2

Listed below are the lessons taught to Year 1 and 2 in PSHE/RSE using the Jigsaw scheme.
Please speak to the class teacher for details of when they will be taught or to see any resources used. Please note, the resources are the same that were shown at the Parent Forums in May.

YEAR 1

Relationships

Lesson 1 – Own family
Different types of families

Lesson 2 – What makes a good friend?

Lesson 3 – Greetings with friends/family
bodies

Lesson 4 – People who help us in school

Lesson 5 – Good personal qualities

Lesson 6 – How friends and family are special to us

Changing Me

Lesson 1 – Life cycles of animals
Comparing babies and adults
www.bbc.co.uk/programmes/p02mnwbj

Lessons 2/3 – Changes since we were babies

Lesson 4 – Differences between male and female

Lesson 5 – Things learnt since being a baby

Lesson 6 – Changes in your life
e.g. new sibling, going to school

Year 2

Relationships

Lesson 1 – Different members of your family

Lesson 2 – Appropriate physical contact within
families, e.g. hugs

Lesson 3 – Conflict between friends
Solving problems
bodies

Lesson 4 – Good and bad secrets

Lesson 5 – People how help us at school

Lesson 6 – Appreciating friends and family

Changing Me

Lesson 1 – Cycles of life in nature

Lessons 2 – Growing older - grandparents

Lesson 3 – What I can do as I grow older

Lesson 4 – Differences between male and female

Lesson 5 – Assertiveness/speaking up
Inappropriate touches
NSPCC - Pantosaurus
www.youtube.com/watch?v=-lL07JOGU5o

Lesson 6 – Looking forward to Year 3