



Queen Ann Road, Barton Hill,
Bristol, BS5 9TX.
Tel: 0117 903 0407
Web: bartonhillbristol.org
Email: info@bartonhillbristol.org
Principal: Emma Tovey

PSHE and RSE at Barton Hill Academy – Year 3 and 4

Listed below are the lessons taught to Year 3 and 4 in PSHE/RSE using the Jigsaw scheme. Please speak to the class teacher for details of when they will be taught or to see any resources used. Please note, the resources are the same that were shown at the Parent Forums in May.

YEAR 3

Relationships

Lesson 1 – Family roles and responsibilities
Stereotypes

Lesson 2 – Mending friendships

Lesson 3 – Keeping safe at home and outside

Lesson 4 – Work in other countries

Lesson 5 – Children around the world
UN bill of Children's rights

Lesson 6 – Celebrating family and friends

Changing Me

Lesson 1 – Looking after a new baby

Lesson 2 – Babies – what they need in the womb

Lesson 3 – Assertiveness/speaking up
Inappropriate touches

NSPCC - Pantosaurus

www.youtube.com/watch?v=-lL07JOGU5o

Lessons 4/5 – Stereotypes - at home, at work

Lesson 6 – Looking forward to Year 4

Year 4

Relationships

Lesson 1 – People we have relationships with
parents
e.g. family, friends, teachers

Lesson 2 – Loss of someone close

Lesson 3 – Memories of someone close

Lesson 4 – Are animals special?
Why are some people vegetarians?

Lesson 5 – Special pets - memories

Lesson 6 – Celebrating loved ones
- Family and pets

Changing Me

Lesson 1 – Unique me – inheriting traits from

Lesson 2 – Making a baby – sperm and egg (not sex)
(boys and girls taught separately)

Lesson 3 – Introduction to puberty/periods
(boys and girls taught separately)

Lesson 4 – Changes, e.g. new friends, moving house

Lesson 5 – Emotional changes

Lesson 6 – Looking forward to Year 5